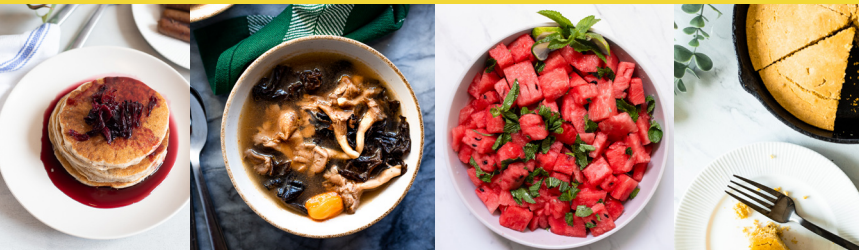


je gbese food blog



ABOUT THE BLOG

Je Gbese is focused on showing people creative ways to remake classic West African and dishes of the Diaspora into tasty vegan options.

Dishes from West Africa range from Senegal to Cameroon and every country in between. Je Gbese prides itself on creating quality plant-based alternatives to classic West African meals.

The blog was created after founder, Fati Sonwabeh watched the hit Netflix documentary, What the Health in 2017.

Je Gbese now has a loyal and global following across multiple social platforms.

2.1k

unique visitors
per month*

3k

page-views
per month*

1.8k

Instagram
followers

150

mailing list
subscribers



Fati Sonwabeh, Founder & Recipe Developer

location

59%
NORTH AMERICA

14%
NIGERIA

12%
UNITED KINGDOM

age

25%
25-34

21%
35-44

20%
18-24

ABOUT THE BLOGGER

Fatimat Adelabu-Sonwabeh is a Nigerian born recipe creator and food photographer based in Harlem, NY. When she's not mixing ingredients in the kitchen, she is spending time with her husband and their precious pup, Stormzy.

Besides being a foodie, Fatimat holds a Masters in Business Analytics and works full-time as a Digital Marketer.



Let's Collaborate

CUSTOM RECIPE

Are you looking for a creative way to recreate your staple product? Look no further. I create easy to follow recipes that are unique and tasty. Custom recipe includes food styling and photography.

FOOD STYLING + PHOTOGRAPHY

Food styling and photography are a MUST for any brand looking to grow their business. We live in an image-centric world, so hire me to let your product speak for itself.

SOCIAL MEDIA PROMO + SPONSORED POST

Do you have an ongoing promotion, would you like to get more eyes on your products. Social media promotions can include a custom link to your site, and or tag to your page.

PRODUCT REVIEW

Have you launched a new product and looking create some buzz? An honest review can do just that. My reviews are unbiased and because of that, I do not charge for this service. Product reviews are limited to just Instagram Stories.

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VegWorld Magazine

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